

# Bluegrass Breakfast Allergen Advice Table

We produce our food in a kitchen where allergens are handled and many suppliers handle allergens. While we try where it is possible to prepare dishes separately, **traces of all major allergens may be present in all dishes.**

Version: 13-Jun-23

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\* : See Shared Fryer Allergens. Gluten Free fryer available on request

Menu Item	Celery	Cereals (gluten)*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seed	Soya	Sulphur Dioxide	Shared Fryer*
Shared Fryer	Shared Fryer Allergens	Includes	Includes	Includes			Includes		Includes	Includes	Includes		Includes	Includes	Includes
Breakfast Buns	Bacon Bun		Sandwich Brioche	Sandwich Brioche			Butter, Sandwich Brioche			May contain	May contain				
	Breakfast Blue Bun	Tennessee Sauce	Sandwich Brioche	Sandwich Brioche			Butter, Blue Cheese Slice, Sandwich Brioche		Tennessee Sauce	May contain	May contain				
	Breakfast Wrap		Baked Eggs, Tortilla Wraps	Baked Eggs			Baked Eggs, Pulled Pork, Smoked Mature Cheddar			May contain	May contain		Baked Eggs		
	Egg & Pulled Pork Bun	Tennessee Sauce	Baked Eggs, Brioche Bun	Baked Eggs, Brioche Bun, Jalapeno Slaw			Baked Eggs, Brioche Bun, Pulled Pork, Butter, Jalapeno Slaw		Tennessee Sauce, Jalapeno Slaw	May contain	May contain		Baked Eggs, Brioche Bun	Jalapeno Slaw	
	Pulled Pork 'n' Bacon Bun		Brioche Bun	Brioche Bun			Brioche Bun, Butter, Pulled Pork			May contain	May contain		Brioche Bun		
	Pulled Pork Smoked 'Benedict'		Baked Eggs, Croutons, Brioche Bun, Smoked Cheese Sauce	Baked Eggs, Croutons, Brioche Bun, Ranch Dressing			Baked Eggs, Croutons, Brioche Bun, Smoked Cheese Sauce, Pulled Pork, Butter, Ranch Dressing		Ranch Dressing	May contain	May contain		Baked Eggs, Croutons, Brioche Bun		
	Sausage Bun	Chipolata	Sandwich Brioche	Sandwich Brioche			Butter, Sandwich Brioche			May contain	May contain			Chipolata	Chipolata
	Ultimate Breakfast Bun	Chipolata	Brioche Bun, Hash Brown	Brioche Bun			Brioche Bun, Butter, Pulled Pork			May contain	May contain		Brioche Bun	Chipolata	Hash Brown, Chipolata
Cereal & Sides	Chocolate Brownie Breakfast		Chocolate Brownie, Peanut Butter Brownie, White Chocolate Blondie	Chocolate Brownie, Peanut Butter Brownie, White Chocolate Blondie			Chocolate Brownie, Peanut Butter Brownie, White Chocolate Blondie			Chocolate Brownie, Peanut Butter Brownie, White Chocolate Blondie	Peanut Butter Brownie, White Chocolate Blondie, Chocolate Brownie				
	Fresh Watermelon									May contain	May contain				
	Froot Loops		Froot Loops, Cereal - Fruit Loops				Milk - Whole			May contain	May contain		Froot Loops, Cereal - Fruit Loops		
	Lucky Charms		Lucky Charms, Cereal - Lucky Charms				Milk - Whole			May contain	May contain				
	Maple Granola Bowl		Granola				Yogurt			Granola	May contain				
	Peanut Butter Crunch		Peanut Butter Crunch				Peanut Butter Crunch			May contain	Peanut Butter Crunch				
Reese's Puffs		Reese's Puffs, Cereal - Reese's Puffs				Milk, Reese's Puffs			Reese's Puffs, Cereal - Reese's Puffs	Reese's Puffs, Cereal - Reese's Puffs					
Homemade Pancakes	Apple 'n' Cinnamon Stack		Pancake	Pancake			Pancake			Pecan nuts	May contain			Apple sauce	
	Bacon, Sausage 'n' Cheese Stack	Chipolata	Pancake	Pancake			Pancake, Smoked Mature Cheddar			May contain	May contain			Chipolata	Chipolata
	Baconana Stack		Pancake	Pancake			Pancake			Pecan nuts	May contain				
	Blueberry Stack		Pancake	Pancake			Pancake			May contain	May contain				
	Chocolate Chip Stack		Pancake, Ice Cream - Vanilla	Pancake, Ice Cream - Vanilla			Pancake, Ice Cream - Vanilla, Chocolate Chips			Ice Cream - Vanilla	Ice Cream - Vanilla		Ice Cream - Vanilla, Chocolate Chips		

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Hersheys Strawberry Stack		Pancake, Ice Cream - Vanilla, White Chocolate Blondie		Pancake, Ice Cream - Vanilla, White Chocolate Blondie			Pancake, Ice Cream - Vanilla, White Chocolate Blondie, White Chocolate Sauce			White Chocolate Blondie, Ice Cream - Vanilla	Ice Cream - Vanilla, White Chocolate Blondie		Ice Cream - Vanilla, White Chocolate Sauce		
Maple Peanut Stack		Pancake, Ice Cream - Vanilla		Pancake, Ice Cream - Vanilla			Pancake, Ice Cream - Vanilla, Chocolate Chips			Maple Peanut Sauce, Ice Cream - Vanilla	Ice Cream - Vanilla, Maple Peanut Sauce		Ice Cream - Vanilla, Chocolate Chips		
Oreo Stack		Pancake, Ice Cream - Vanilla, Oreo Biscuits		Pancake, Ice Cream - Vanilla			Pancake, Ice Cream - Vanilla, Chocolate Chips, Oreo Biscuits, White Chocolate Sauce			Ice Cream - Vanilla	Ice Cream - Vanilla		Ice Cream - Vanilla, Chocolate Chips, Oreo Biscuits, White Chocolate Sauce		
Pork Pancake Stack Breakfast	Chipolata	Pancake		Pancake			Pancake, Pulled Pork			May contain	May contain			Chipolata	Chipolata
Pork, Bacon 'n' Apple Stack		Pancake		Pancake			Pancake, Pulled Pork			May contain	May contain			Apple sauce	
Simple Stack		Pancake		Pancake			Pancake			May contain	May contain				
S'Mores Stack		Pancake mix, Ice Cream - Vanilla		Pancake mix, Ice Cream - Vanilla			Pancake mix, Ice Cream - Vanilla, Chocolate Chips			Ice Cream - Vanilla	Ice Cream - Vanilla		Ice Cream - Vanilla, Chocolate Chips		
Start Me Up Stack		Pancake		Pancake			Pancake, Yogurt			Pecan nuts	May contain				
Kids Breakfast		Pancake, Ice Cream - Vanilla		Pancake, Ice Cream - Vanilla			Pancake, Ice Cream - Vanilla			Ice Cream - Vanilla	Ice Cream - Vanilla		Ice Cream - Vanilla		
Kids BBQ Beans n Sausages	Pit Beans, Chipolata	Brioche Loaf		Brioche Loaf			Butter, Pit Beans, Brioche Loaf		Pit Beans	May contain	May contain			Chipolata	Chipolata
Kids Short Stack Breakfast	Chipolata	Pancake		Pancake			Pancake			May contain	May contain			Chipolata	Chipolata
Kids Texas Toast		Brioche Loaf		Brioche Loaf			Butter, Brioche Loaf			Peanut Butter	Peanut Butter				
French Toast		Brioche Loaf, Ice Cream - Vanilla		French Toast Batter, Ice Cream - Vanilla, Brioche Loaf			French Toast Batter, Butter, Ice Cream - Vanilla, Brioche Loaf			Ice Cream - Vanilla	Ice Cream - Vanilla		Ice Cream - Vanilla		
French Toast - Classic		Brioche Loaf, Ice Cream - Vanilla		French Toast Batter, Ice Cream - Vanilla, Brioche Loaf			French Toast Batter, Butter, Ice Cream - Vanilla, Brioche Loaf			Ice Cream - Vanilla	Ice Cream - Vanilla		Ice Cream - Vanilla		
French Toast - Louisiana Pork 'n' Cheese		Brioche Loaf		French Toast Batter, Brioche Loaf			French Toast Batter, Pulled Pork, Butter, Smoked Mature Cheddar, Brioche Loaf		Louisiana Sauce	May contain	May contain			Louisiana Sauce	
French Toast - S'mores		Brioche Loaf, Ice Cream - Vanilla		French Toast Batter, Ice Cream - Vanilla, Brioche Loaf			French Toast Batter, Butter, Ice Cream - Vanilla, Chocolate Chips, Brioche Loaf			Ice Cream - Vanilla	Ice Cream - Vanilla		Ice Cream - Vanilla, Chocolate Chips		
Breakfast Plates		Baked Eggs, Brioche Loaf		Baked Eggs, Brioche Loaf			Baked Eggs, Butter, Brioche Loaf			May contain	May contain		Baked Eggs		
BBQ Beans on Texas Toast	Pit Beans	Brioche Loaf		Brioche Loaf			Butter, Pit Beans, Brioche Loaf		Pit Beans	May contain	May contain				

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Gluten Free Smokehouse Plate	Vegan Pit Beans, Chipolata			G.F. Baked Eggs			G.F. Baked Eggs		Vegan Pit Beans	May contain	May contain			Chipolata	Fries, Chipolata
Jalapeno 'n' Cheese Hot Link Hash	Burnt Ends (Brisket), Tennessee Sauce	Baked Eggs, Hash Brown, String Onions, Burnt Ends (Brisket)		Baked Eggs			Baked Eggs, Smoked Mature Cheddar, Jalapeno Cheese Hot Link, String Onions		Burnt Ends (Brisket), Tennessee Sauce, Jalapeno Cheese Hot Link	May contain	May contain		Burnt Ends (Brisket), Baked Eggs	Burnt Ends (Brisket)	Hash Brown, String Onions
Popcorn Chicken 'n' Waffle - Louisiana Maple		S.F. Chicken Breast, Waffle		Waffle			Waffle, S.F. Chicken Breast		Louisiana Sauce	May contain	May contain		Waffle	Waffle, Louisiana Sauce	S.F. Chicken Breast
Popcorn Chicken 'n' Waffle - Maple Peanut		S.F. Chicken Breast, Waffle		Waffle			Waffle, S.F. Chicken Breast			Maple Peanut Sauce	Maple Peanut Sauce		Waffle	Waffle	S.F. Chicken Breast
Popcorn Chicken 'n' Waffle - Maple Syrup Only		S.F. Chicken Breast, Waffle		Waffle			Waffle, S.F. Chicken Breast			May contain	May contain		Waffle	Waffle	S.F. Chicken Breast
Smokehouse Plate	Kansas Sauce, Pit Beans, Chipolata	Baked Eggs, Hash Brown, Brioche Loaf, Kansas Sauce		Baked Eggs, Brioche Loaf	Kansas Sauce		Baked Eggs, Butter, Pit Beans, Brioche Loaf		Kansas Sauce, Pit Beans	May contain	May contain		Baked Eggs	Chipolata, Kansas Sauce	Hash Brown, Chipolata
Ultimate Plate	Pit Beans, Chipolata	Baked Eggs, Pancake, Hash Brown, Brioche Loaf		Baked Eggs, Pancake, Brioche Loaf			Baked Eggs, Pancake, Butter, Pit Beans, Pulled Pork, Brioche Loaf		Pit Beans	May contain	May contain		Baked Eggs	Chipolata	Hash Brown, Chipolata
Vegan Smokehouse Plate	Vegan Pit Beans, Pulled Jackfruit, Tennessee Sauce	Hash Brown, Pulled Jackfruit, Vegan Brioche							Vegan Pit Beans, Pulled Jackfruit, Tennessee Sauce	May contain	May contain		Pulled Jackfruit, Vegan Brioche	Pulled Jackfruit	Hash Brown
Specials		Brioche Loaf, Ice Cream - Vanilla		French Toast Batter, Ice Cream - Vanilla, Brioche Loaf			French Toast Batter, Butter, Ice Cream - Vanilla, Brioche Loaf			Pecan nuts, Ice Cream - Vanilla	Ice Cream - Vanilla		Ice Cream - Vanilla		
Sauces				Alabama Mayo					Alabama Mayo	May contain	May contain			Alabama Mayo	
		Big Red Glaze			Big Red Glaze					May contain	May contain			Big Red Glaze	
				Blue Cheese Buttermilk			Blue Cheese Buttermilk		Blue Cheese Buttermilk	May contain	May contain				Blue Cheese Buttermilk
		Bourbon BBQ Sauce								May contain	May contain		Bourbon BBQ Sauce	Bourbon BBQ Sauce	
		Buffalo Sauce			Buffalo Sauce		Buffalo Sauce		Buffalo Sauce	May contain	May contain			Buffalo Sauce	
		Carolina Sauce							Carolina Sauce	May contain	May contain		Carolina Sauce	Carolina Sauce	
				Dirty Mayo					Dirty Mayo	May contain	May contain				
	Tennessee Sauce								Tennessee Sauce	May contain	May contain				
				Horseradish Mayo			Horseradish Mayo		Horseradish Mayo	May contain	May contain			Horseradish Mayo	
	Kansas Sauce	Kansas Sauce			Kansas Sauce				Kansas Sauce	May contain	May contain			Kansas Sauce	
									Louisiana Sauce	May contain	May contain			Louisiana Sauce	
										May contain	May contain			Root Beer Glaze	
	Tennessee Sauce								Tennessee Sauce	May contain	May contain				
										May contain	May contain				

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Sauce - Yangnyeom		Yangnyeom Sauce								May contain	May contain	Yangnyeom Sauce	Yangnyeom Sauce	Yangnyeom Sauce	
Sauces - Chipotle Mayo				Chipotle Mayo					Chipotle Mayo	May contain	May contain		Chipotle Mayo		
Sauces - Maple Mayo				Maple Mayo					Maple Mayo	May contain	May contain				
Sauces - Mayonnaise				Mayonnaise					Mayonnaise	May contain	May contain				
Extras - Bacon										May contain	May contain				
Extras - Blue Cheese							Blue Cheese Slice			May contain	May contain				
Extras - Cheese							Mature Cheddar Slice			May contain	May contain				
Extras - Hash Brown		Hash Brown								May contain	May contain				Hash Brown
Extras - Ice Cream		Ice Cream - Vanilla		Ice Cream - Vanilla			Ice Cream - Vanilla			Ice Cream - Vanilla	Ice Cream - Vanilla		Ice Cream - Vanilla		
Extras - Sausages	Chipolata									May contain	May contain			Chipolata	Chipolata
Extras - Smoked Portobello Mushroom							Butter			May contain	May contain				