

Bluegrass Breakfast Allergen Advice Table

We produce our food in a kitchen where allergens are handled and many suppliers handle allergens. While we try where it is possible to prepare dishes separately, **traces of all major allergens may be present in all dishes.**

Version: 12-Nov-24

We cannot guarantee that our food is entirely free of nuts, peanuts or derivatives, or any of the major allergens.

* : See Shared Fryer Allergens. Gluten Free fryer available on request

Menu Item	Celery	Cereals (gluten)*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seed	Soya	Sulphur Dioxide	Shared Fryer*
Shared Fryer	Shared Fryer Allergens	Includes	Includes		Includes		Includes		Includes	Includes	Includes		Includes	Includes	Includes
Breakfast Buns	Bacon Bun		Sandwich Brioche		Sandwich Brioche		Butter, Sandwich Brioche			May contain	May contain				
	Breakfast Blue Bun	Tennessee Sauce	Sandwich Brioche		Sandwich Brioche		Butter, Blue Cheese Slice, Sandwich Brioche		Tennessee Sauce	May contain	May contain				
	Breakfast Wrap		Baked Eggs, Tortilla Wraps		Baked Eggs		Baked Eggs, Smoked Mature Cheddar			May contain	May contain		Baked Eggs		
	Egg & Pulled Pork Bun	Tennessee Sauce	Baked Eggs, Brioche Bun		Baked Eggs, Brioche Bun, Jalapeno Slaw		Baked Eggs, Brioche Bun, Butter, Jalapeno Slaw		Tennessee Sauce, Jalapeno Slaw	May contain	May contain		Baked Eggs, Brioche Bun	Jalapeno Slaw	
	Pulled Pork 'n' Bacon Bun		Brioche Bun		Brioche Bun		Brioche Bun, Butter			May contain	May contain		Brioche Bun		
	Sausage Bun	Chipolata	Sandwich Brioche		Sandwich Brioche		Butter, Sandwich Brioche			May contain	May contain			Chipolata	Chipolata
	Ultimate Breakfast Bun	Chipolata	Brioche Bun, Hash Brown		Brioche Bun		Brioche Bun, Butter			May contain	May contain		Brioche Bun	Chipolata	Hash Brown, Chipolata
Homemade Pancakes	Apple 'n' Cinnamon Stack		Pancake		Pancake		Pancake			Pecan nuts	May contain			Apple sauce	
	Bacon, Sausage 'n' Cheese Stack	Chipolata	Pancake		Pancake		Pancake, Smoked Mature Cheddar			May contain	May contain			Chipolata	Chipolata
	Baconana Stack		Pancake		Pancake		Pancake			Pecan nuts	May contain				
	Banana 'n' Salted Caramel Stack		Pancake, Ice Cream - Vanilla		Pancake, Ice Cream - Vanilla		Pancake, Ice Cream - Vanilla, Salted Caramel Syrup			Ice Cream - Vanilla	Ice Cream - Vanilla		Ice Cream - Vanilla		
	Blueberry Stack		Pancake		Pancake		Pancake			May contain	May contain				
	Chocolate Chip Stack		Pancake, Ice Cream - Vanilla		Pancake, Ice Cream - Vanilla		Pancake, Ice Cream - Vanilla, Chocolate Chips			Ice Cream - Vanilla	Ice Cream - Vanilla		Ice Cream - Vanilla, Chocolate Chips		
	Hersheys Strawberry Stack		Pancake, Ice Cream - Vanilla, White Chocolate Blondie		Pancake, Ice Cream - Vanilla, White Chocolate Blondie		Pancake, Ice Cream - Vanilla, White Chocolate Blondie, White Chocolate Sauce			White Chocolate Blondie, Ice Cream - Vanilla	Ice Cream - Vanilla, White Chocolate Blondie		Ice Cream - Vanilla, White Chocolate Sauce		
	Maple Peanut Stack		Pancake, Ice Cream - Vanilla		Pancake, Ice Cream - Vanilla		Pancake, Ice Cream - Vanilla, Chocolate Chips			Maple Peanut Sauce, Ice Cream - Vanilla	Ice Cream - Vanilla, Maple Peanut Sauce		Ice Cream - Vanilla, Chocolate Chips		
	Oreo Stack		Pancake, Ice Cream - Vanilla, Oreo Biscuits		Pancake, Ice Cream - Vanilla		Pancake, Ice Cream - Vanilla, Chocolate Chips, Oreo Biscuits, White Chocolate Sauce			Ice Cream - Vanilla	Ice Cream - Vanilla		Ice Cream - Vanilla, Chocolate Chips, Oreo Biscuits, White Chocolate Sauce		
	Pork Pancake Stack Breakfast	Chipolata	Pancake		Pancake		Pancake			May contain	May contain			Chipolata	Chipolata
	Pork, Bacon 'n' Apple Stack		Pancake		Pancake		Pancake			May contain	May contain			Apple sauce	
Simple Stack		Pancake		Pancake		Pancake			May contain	May contain					

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S'Mores Stack		Pancake mix, Ice Cream - Vanilla		Pancake mix, Ice Cream - Vanilla			Pancake mix, Ice Cream - Vanilla, Chocolate Chips			Ice Cream - Vanilla	Ice Cream - Vanilla		Ice Cream - Vanilla, Chocolate Chips		
Start Me Up Stack		Pancake		Pancake			Pancake, Yogurt			Pecan nuts	May contain				
Kids Breakfast															
Kids Banana Stack		Pancake, Ice Cream - Vanilla		Pancake, Ice Cream - Vanilla			Pancake, Ice Cream - Vanilla			Ice Cream - Vanilla	Ice Cream - Vanilla		Ice Cream - Vanilla		
Kids BBQ Beans n Sausages	Pit Beans, Chipolata	Brioche Loaf		Brioche Loaf			Butter, Brioche Loaf		Pit Beans	May contain	May contain			Chipolata	Chipolata
Kids Short Stack Breakfast	Chipolata	Pancake		Pancake			Pancake			May contain	May contain			Chipolata	Chipolata
Kids Texas Toast		Brioche Loaf		Brioche Loaf			Butter, Brioche Loaf			Peanut Butter	Peanut Butter				
Breakfast Plates															
Baked Eggs & Soldiers		Baked Eggs, Brioche Loaf		Baked Eggs, Brioche Loaf			Baked Eggs, Butter, Brioche Loaf			May contain	May contain		Baked Eggs		
BBQ Beans on Texas Toast	Pit Beans	Brioche Loaf		Brioche Loaf			Butter, Brioche Loaf		Pit Beans	May contain	May contain				
French Toast Stack		Brioche Loaf, Ice Cream - Vanilla		French Toast Batter, Ice Cream - Vanilla, Brioche Loaf			French Toast Batter, Butter, Ice Cream - Vanilla, Brioche Loaf			Pecan nuts, Ice Cream - Vanilla	Ice Cream - Vanilla		Ice Cream - Vanilla		
Gluten Free Smokehouse Plate	Tennessee Sauce, Chipolata			G.F. Baked Eggs			G.F. Baked Eggs		Tennessee Sauce	May contain	May contain			Chipolata	Fries, Chipolata
Jalapeno 'n' Cheese Hot Link Hash	Tennessee Sauce, Burnt Ends (Brisket)	Baked Eggs, Hash Brown, Burnt Ends (Brisket)		Baked Eggs			Baked Eggs, Smoked Mature Cheddar, Jalapeno Cheese Hot Link		Tennessee Sauce, Burnt Ends (Brisket), Jalapeno Cheese Hot Link	May contain	May contain		Burnt Ends (Brisket), Baked Eggs	Burnt Ends (Brisket)	Hash Brown
Popcorn Chicken 'n' Waffle - Louisiana Maple		S.F. Chicken Breast, Waffle		Waffle			Waffle, S.F. Chicken Breast		Louisiana Sauce	May contain	May contain		Waffle	Waffle, Louisiana Sauce	S.F. Chicken Breast
Popcorn Chicken 'n' Waffle - Maple Peanut		S.F. Chicken Breast, Waffle		Waffle			Waffle, S.F. Chicken Breast			Maple Peanut Sauce	Maple Peanut Sauce		Waffle	Waffle	S.F. Chicken Breast
Popcorn Chicken 'n' Waffle - Maple Syrup Only		S.F. Chicken Breast, Waffle		Waffle			Waffle, S.F. Chicken Breast			May contain	May contain		Waffle	Waffle	S.F. Chicken Breast
Pulled Pork Smoked 'Benedict'		Baked Eggs, Croutons, Brioche Bun, Smoked Cheese Sauce		Baked Eggs, Croutons, Brioche Bun, Ranch Dressing			Baked Eggs, Croutons, Brioche Bun, Smoked Cheese Sauce, Butter, Ranch Dressing			Ranch Dressing	May contain	May contain		Baked Eggs, Croutons, Brioche Bun	
Smokehouse Plate	Kansas Sauce, Pit Beans, Chipolata	Baked Eggs, Hash Brown, Brioche Loaf, Kansas Sauce		Baked Eggs, Brioche Loaf	Kansas Sauce		Baked Eggs, Butter, Brioche Loaf		Kansas Sauce, Pit Beans	May contain	May contain		Baked Eggs	Chipolata, Kansas Sauce	Hash Brown, Chipolata
Ultimate Plate	Pit Beans, Chipolata	Baked Eggs, Pancake, Hash Brown, Brioche Loaf		Baked Eggs, Pancake, Brioche Loaf			Baked Eggs, Pancake, Butter, Brioche Loaf		Pit Beans	May contain	May contain		Baked Eggs	Chipolata	Hash Brown, Chipolata
Vegan Smokehouse Plate	Tennessee Sauce, Pulled Jackfruit	Hash Brown, Pulled Jackfruit, Vegan Brioche							Tennessee Sauce, Pulled Jackfruit	May contain	May contain		Pulled Jackfruit, Vegan Brioche	Pulled Jackfruit	Hash Brown
This 'n' That															
Chocolate Brownie Breakfast		Chocolate Brownie, Peanut Butter Brownie, White Chocolate Blondie		Chocolate Brownie, Peanut Butter Brownie, White Chocolate Blondie			Chocolate Brownie, Peanut Butter Brownie, White Chocolate Blondie			Chocolate Brownie, Peanut Butter Brownie, White Chocolate Blondie	Peanut Butter Brownie, White Chocolate Blondie, Chocolate Brownie				
Maple Granola Bowl		Granola					Yogurt			Granola	May contain				

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House Sauces, Dips & Dressings	Sauce - Alabama Mayo			Alabama Mayo					Alabama Mayo	May contain	May contain			Alabama Mayo		
	Sauce - Big Red Glaze		Big Red Glaze		Big Red Glaze					May contain	May contain			Big Red Glaze		
	Sauce - Blue Cheese Dip				Blue Cheese Buttermilk		Blue Cheese Buttermilk		Blue Cheese Buttermilk	May contain	May contain				Blue Cheese Buttermilk	
	Sauce - Bourbon BBQ		Bourbon BBQ Sauce							May contain	May contain		Bourbon BBQ Sauce	Bourbon BBQ Sauce		
	Sauce - Buffalo		Buffalo Sauce			Buffalo Sauce		Buffalo Sauce	Buffalo Sauce	May contain	May contain			Buffalo Sauce		
	Sauce - Carolina		Carolina Sauce						Carolina Sauce	May contain	May contain		Carolina Sauce	Carolina Sauce		
	Sauce - Dirty Mayo				Dirty Mayo				Dirty Mayo	May contain	May contain					
	Sauce - Dr Pepper Glaze	Tennessee Sauce							Tennessee Sauce	May contain	May contain					
	Sauce - Horseradish Mayo				Horseradish Mayo			Horseradish Mayo	Horseradish Mayo	May contain	May contain				Horseradish Mayo	
	Sauce - Kansas	Kansas Sauce	Kansas Sauce			Kansas Sauce				Kansas Sauce	May contain	May contain			Kansas Sauce	
	Sauce - Louisiana									Louisiana Sauce	May contain	May contain			Louisiana Sauce	
	Sauce - Root Beer Glaze										May contain	May contain			Sweet BBQ Glaze	
	Sauce - Tennessee	Tennessee Sauce								Tennessee Sauce	May contain	May contain				
	Sauce - Tomato Ketchup										May contain	May contain				
	Sauce - Yangnyeom		Yangnyeom Sauce								May contain	May contain	Yangnyeom Sauce	Yangnyeom Sauce	Yangnyeom Sauce	
	Sauces - Chipotle Mayo				Chipotle Mayo					Chipotle Mayo	May contain	May contain		Chipotle Mayo		
	Sauces - Maple Mayo				Maple Mayo					Maple Mayo	May contain	May contain				
Sauces - Mayonnaise				Mayonnaise					Mayonnaise	May contain	May contain					
Extras	Extras - Bacon									May contain	May contain					
	Extras - Blue Cheese						Blue Cheese Slice			May contain	May contain					
	Extras - Cheese						Mature Cheddar Slice			May contain	May contain					
	Extras - Hash Brown		Hash Brown							May contain	May contain				Hash Brown	
	Extras - Ice Cream		Ice Cream - Vanilla		Ice Cream - Vanilla		Ice Cream - Vanilla			Ice Cream - Vanilla	Ice Cream - Vanilla		Ice Cream - Vanilla			
	Extras - Sausages	Chipolata								May contain	May contain			Chipolata	Chipolata	
	Extras - Smoked Portobello Mushroom						Butter			May contain	May contain					